

Units of time

1 minute = 60 seconds

1 hour = 60 minutes

1 day = 24 hours

7 days = 1 week

1 year = 52 weeks

1 year = 365 days
(except a leap year =
366 days)

1 decade = 10 years

1 century = 100 years

1 millennium = 1,000 years

1 second = 1,000 milliseconds