



Dear Parents,

10th October 2019

Our PSHE & SRE Programme for 2019—20

At Poulton Lancelyn Primary School, we want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. From September 2020, all primary age children will be taught Relationships and Health Education, and as a school we are proposing to start this programme in Autumn 2019, following the recommendations of the DfE. As a Gold Award Rights Respecting School, we recognize the importance of these areas in our school curriculum. This letter is part of the statutory consultation process for the school before we roll out our programme and policy in full.

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online. Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, all schools must cover how to treat each other with kindness, consideration and respect.

By the end of their primary school years, your child will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

You can find further detail by searching 'relationships and health education' on GOV.UK.

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

You can find further detail by searching 'relationships and health education' on GOV.UK.

These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for your child. As a school, we believe that promoting the health and wellbeing of our pupils is an important part of their overall education.

As a school, as part of the Oak Trees Multi Academy Trust, we have agreed to use the Heartsmart approach/resources for teaching health and relationships education. We believe that the programme sensitively and age-appropriately covers all areas of the DfE guidance. All materials used are available for you to browse through in school should you so wish. You can also see an overview of the Heartsmart programme through their website: <https://www.heartsmart.school/#WhatIsHeartSmart>.

If you have any queries about the content of the programme or resources used, or our SRE policy, please do not hesitate in contacting me at school via the school office and we will ensure that we take these comments on board as part of this consultation.

Please may I remind you that you cannot withdraw your child from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

Yours sincerely,

Mrs C Arnold
Headteacher