



Taylor Shaw Autumn/Winter Menu – Week One

Poulton Lancelyn

| WEEK ONE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------|---|--|---|---|--|
| MAIN OPTION | Cheese & Tomato Pizza Slice & Half Jacket Potato | Chinese Chicken, Vegetables & Noodles | Roast Gammon, Roast Potatoes & Gravy | Chicken Burger & Potato Wedges | Fish Fingers & Chips |
| VEGETARIAN OPTION | Loaded Wedges with Cheese or Beans | Chinese Vegetables & Noodles | Roast Veggie Balls, Roast Potatoes & Gravy | Veggie Burger & Potato Wedges | Macaroni Cheese |
| VEGETARIAN OPTION 2 | | | | Cheese & Onion Pasty | Spicy Bean Burrito & Mixed Rice |
| SANDWICH/JACKET POTATO | | Jacket Potato with Tuna Mayonnaise, Cheese, Beans | Hot Roast Baguette | | |
| VEGETABLES | Beans Sweetcorn | Garden Peas Carrots | Cauliflower Seasonal Greens | Sweetcorn Beans | Baked Beans Garden Peas |
| PASTA | Pasta with Tomato Sauce | | | | |
| DESSERT | Vanilla Crunch | Ginger Sponge & Custard | Ice Cream & Banana | Shortbread Finger & Fruit Wedges | Chocolate Crunch |

Available Daily: *Some schools may serve Loaded Wedges as an alternative to Jacket Potatoes as they are more child friendly particularly for our smaller pupils

Pick & Mix Selection

Salad, Fresh Bread, Fresh Fruit & Yoghurt



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| WEEK TWO | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------|---|--|---------------------------------------|---|--------------------------------|
| MAIN OPTION | Cheese & Tomato Pizza Slice & Wedges | Pasta Bolognese & Garlic Bread | Roast Chicken, Roast Potatoes & Gravy | Chicken Meatballs, Tomato Sauce & Mixed Rice | Fish & Chips |
| VEGETARIAN OPTION | Loaded Wedges with Cheese or Beans | Veggie Pasta Bolognese & Garlic Bread | Quorn Roast, Roast Potatoes & Gravy | Veggie Meatballs, Tomato Sauce & Mixed Rice | Spicy Butternut & Lentil Patty |
| SANDWICH/JACKET | Jacket Potato with Tuna Mayonnaise, Cheese, Beans | Sandwich with Ham, Cheese, Tuna Mayonnaise | Hot Roast Baguette | Jacket Potato with Tuna Mayonnaise, Cheese, Beans | |
| VEGETABLES | Sweetcorn Garden Peas | Green Beans Cauliflower | Carrots Savoy Cabbage | Carrots Sweetcorn | Baked Beans Garden Peas |
| PASTA | | | | | Pasta with Tomato Sauce |
| DESSERT | Oaty Crunchy Biscuit | Melon & Pineapple Slices | Jelly & Mandarins | Jam Sponge & Custard | Chocolate Brownie |

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Pick & Mix Selection

Salad, Fresh Bread, Fresh Fruit & Yoghurt





Taylor Shaw Autumn/Winter Menu – Week Three

Poulton Lancelyn

| WEEK THREE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------|---|--|---|--|---------------------------------|
| MAIN OPTION | Cheese & Tomato Pizza Slice & Half Jacket Potato | Chicken Korma Curry with Mixed Rice | Roast Turkey, Roast Potatoes & Gravy | Sausage with Mashed Potato & Gravy | Fish Fingers & Chips |
| VEGETARIAN OPTION 1 | Loaded Wedges with Cheese or Beans | Vegetable Korma Curry with Mixed Rice | Quorn Roast, Roast Potatoes & Gravy | Veggie Sausage with Mashed Potato & Gravy | Macaroni Cheese |
| SANDWICH/JACKET | Cheese or Egg Mayonnaise Sandwich | Jacket Potato with Tuna Mayonnaise, Cheese, Beans | Hot Roast Baguette | Jacket Potato with Tuna Mayonnaise, Cheese, Beans | Crispy Bean Bake |
| VEGETABLES | Mixed Vegetables Garden Salad | Carrots Sweetcorn | Winter Greens Cauliflower | Baked Beans Garden Peas | Baked Beans Garden Peas |
| DESSERT | Hob Nob Cookie with Apple Smiles | Jelly & Mandarins | Flapjack Finger & Custard | Lemon Drizzle Cake | Frozen Toffee Yoghurt |

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Pick & Mix Selection

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