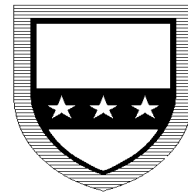


Poulton Lancelyn Primary School



Dear Parents,

15th January 2020

On the morning **11th February 2020** our School Nurse will be in school for "Drop-In" sessions for parents. The Nurse sessions offer confidential support and advice for you and your family including, emotional and mental wellbeing, healthy eating and exercise, dental health, bullying, relationships, keeping safe, puberty and vaccinations.

The sessions are from 9:30am to 10:30am. Appointments are 10 minutes and will be allocated on a first come first served basis.

If you have any concerns about your child that you feel you may want to discuss with the School Nurse, please contact the school office to book your appointment. Thank you.

Yours sincerely

Mrs C Arnold
Headteacher