



January 2019

Dear Parents,

## **Bike It, Walk It, Scoot It Breakfast**

Earlier this academic year we introduced a new initiative, '**Healthy Bodies, Healthy Minds**'. This initiative further develops our philosophy of promoting physical activity and healthy lifestyles for all children as well as developing pupils' mental wellbeing.

We will be running the 'Bike It, Scoot It, Walk It Breakfast' event again which is taking place on **Wednesday 16<sup>th</sup> January 2019** in the school hall.

Children and parents/guardians are invited to walk, cycle or actively travel to school, between 8:15am and 8:45 am. A healthy breakfast is provided including a choice of pancakes, and fruit. The children will then be escorted to the playground for registration at 8:45am.

Yours sincerely,

**Mrs Arnold**  
**Headteacher**