



Poulton Lancelyn Primary School



Dear Parents,

20th December 2023

Year 4 will be taking part in our Forest School programme starting on **Friday 12th January, 2024 until the 16th February, 2024.**

Mr Johnson will lead the hour-long sessions, which will take place on the school grounds.

The Forest Schools programme will help children develop:-

- Concentration and motivation to learn
- Team work - working together to solve problems and communicate effectively
- Self -confidence and self-esteem, reduce anxiety and build resilience
- Communication and social skills
- Physical skills - fastening materials with ropes
- Greater understanding and awareness of the natural environment
- Natural motivation and a positive attitude to learning
- The ability to recognise and manage risk

The children will need to bring with them a change of clothes that they can wear for each forest school sessions

The children will need: -

- **Wellington Boots**
- **Old Trousers/Jogging bottoms**
- **Old Jumper or Long Sleeved T-shirt or fleece**
- **Waterproof coat with hood**
- **Gloves**
- **Hat**
- **Spare pair of socks**
- **Water Bottle**

Please ensure their spare clothes bag is clearly labelled with their name.

Yours sincerely,

Miss Farlam Mrs Dingle
Mr Johnson (Forest School Leader)