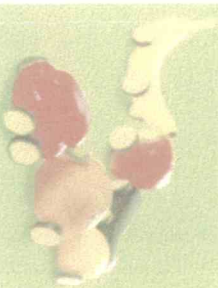


WEEK ONE

POULTON LANCELYN PRIMARY SCHOOL APRIL 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Burger in a Bun with Jacket Wedges and Tomato Sauce	Beef Spaghetti Bolognese with Homemade Wholemeal Garlic Bread	Roast of the Day with Stuffing, New Potatoes and Gravy	Chicken & Sweetcorn Pie with Mashed Potatoes	Fish Fingers with Chips and Tomato Sauce
(v) Quorn Burger in a Bun with Jacket Wedges and Tomato Sauce	(v) Macaroni Cheese with Homemade Wholemeal Garlic Bread	(v) Quorn Roast with Stuffing, New Potatoes and Gravy	(v) Cheese Flan with Jacket Wedges and Tomato Sauce	(v) Tortilla Layer with Chips and Tomato Sauce
Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna Mayo	Tuna Wrap	Hot Roast Baguette of the Day	Ham Sandwich	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna Mayo
Peas & Sweetcorn	Green Beans & Carrots	Cabbage & Mixed Vegetables	Broccoli & Sweetcorn	Peas & Baked Beans
(v) Jam Shortbread with Custard	(v) Treacle Syrup Sponge with Custard	(v) Fruit Sponge with Toffee Sauce	(v) Pears or Peaches with Ice Cream and Chocolate Sauce	(v) Chocolate Muffin
Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt



Seasonal salad selection, bread and drinking water will be available daily



WEEK TWO

POULTON LANCELYN PRIMARY SCHOOL APRIL 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken and Tomato Pasta	Sausages with Mashed Potatoes and Gravy	Roast of the Day with Stuffing, Roast Potatoes and Gravy	Chicken Tikka with Wholegrain Rice	Fish with Chips and Tomato Sauce
(v) Homemade Cheese & Tomato Pizza with Half Jacket Potato	(v) Quorn Sausage with Mashed Potatoes and Gravy	(v) Quorn Roast with Stuffing, Roast Potatoes and Gravy	(v) Cool Mexican Bean Wrap with Wholegrain Rice	(v) Bean Bake with Chips and Tomato Sauce
Ham Sandwich	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna Mayo	Hot Roast Baguette of the Day	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna Mayo	Fish Finger Wrap
Carrots & Sweetcorn	Cauliflower & Green Beans	Peas & Carrots	Green Beans & Sweetcorn	Peas & Baked Beans
(v) Rice Crispy Slice with Custard	(v) Shortbread with Custard	(v) Jelly with Mandarins	(v) Marble Cake with Custard	(v) Chocolate Oaty Bites with Apple Wedges
Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt



Seasonal salad selection, bread and drinking water will be available daily



WEEK THREE

POULTON LANCELYN PRIMARY SCHOOL APRIL 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salmon Sub Melt with Half Jacket Potato	Beef Meatballs in Tomato Sauce with Wholegrain Rice	Roast of the Day with Yorkshire Pudding, New Potatoes and Gravy	Beef Lasagne with Homemade Wholemeal Garlic Bread	Fish Fingers with Chips and Tomato Sauce
(v) Homemade Wholemeal Cheese & Tomato Pizza with Half Jacket Potato	(v) Beany Wrap with Wholegrain Savoury Rice	(v) Quorn Roast with Yorkshire Pudding, New Potatoes and Gravy	(v) Roasted Vegetable Lasagne with Homemade Wholemeal Garlic Bread	(v) Bean Bake with Chips and Tomato Sauce
(v) Cheese Sandwich	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna Mayo	Hot Roast Baguette of the Day	Tuna Mayo Sandwich	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna Mayo
Baked Beans & Sweetcorn	Broccoli & Carrots	Cauliflower & Green Beans	Mixed Vegetables & Peas	Peas & Baked Beans
(v) Ginger Shortbread with Apple Wedges	(v) Iced Carrot Cake and Orange Wedge	(v) Jelly with Peaches	(v) Flapjack Finger with Ice Cream	(v) Chocolate Fudge Cake
Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt

Seasonal salad selection, bread and drinking water will be available daily

