



Dear Parents,

23rd September 2024

Personal Development Letter

At Poulton Lancelyn, we aim for all of our children to understand the world around them so that they grow up to become intelligent, active citizens. We often have 'special days' to teach them about specific topics that are not necessarily embedded into the curriculum but help pupils to understand their world. Based on parent forum feedback, we have created a schedule for these events; this letter aims to provide you with a brief summary of what will be included within each event.

Autumn 1

Week 6

Hello Yellow

One lesson will be used to understand Hello Yellow Day. Children will have the opportunity to dress in yellow clothing to support the Young Minds charity. This year we will focus on the strand of their website, 'Coping with life'. Pupils will examine an area of life that can affect a person's mental health.

Year 6 – exam stress – learning about ways to relax rather than worrying about SATs

Year 5 – body image – acknowledging that we are all different

Year 4 – struggling with family - understanding why your parents make the decisions they do

Year 3 – friendships – how to build and maintain positive friendships

Year 2 – problems at school – who to go to get help with a problem

Year 1 – What is mental health? – learning what mental health means

Autumn 2

Week 2

Children In Need

Pupils will focus on Children in Need for 2 lessons during the day. The second of the two lessons will be given to completing a fundraising activity to support the charity. The first lesson will look at Wirral based charities that are supported by Children in Need.

Upper Key Stage 2 – Listening Ear - a project that offers counselling for children and young people affected by bereavement and loss

Lower Key Stage 2 – Claire House Children's Hospice – a centre that supports children with life limiting conditions

Key Stage 1 – Wirral Society of the Blind and Partially Sighted – supportive society that support children with varying levels of sight loss

Week 3

Anti-bullying

Children will spend 2 lessons understanding what bullying is, different types of bullying and how to oppose bullying. The children will be able to wear odd socks on this day. Lesson 1 will focus on investigating age-appropriate scenarios to understand exactly what bullying is. The second lesson will focus on inclusivity and how to stop bullying.

Spring 1

Week 5

Express Yourself

As part of Children's Mental Health Week, children will spend a lesson expressing themselves! They will be able to come to school dressed however they want and will be given a 2-minute slot to talk about themselves and who they are so we can all acknowledge that we are unique and special. Teachers will also do this in assembly.

Week 6

Careers

To develop pupils understanding of different careers that they may want to explore when they are older, we are going to ask parents to come into school and discuss the jobs that they do. Parents only need to come and talk for a very short period but it will help to show the children the wide range of jobs that are available to them.

Spring 2

Week 1

Languages

Children will spend 5 lessons during the day investigating languages around the world. Different classes will learn the basics of different languages, the countries that they are spoken in and the culture of these countries. Pupils will also be able to dress in clothes that represent their favourite language/culture.

Week 2

World Book Fay

To celebrate the importance of reading, pupils will spend a lesson celebrating World Book Day. Pupils will be able to show each other their favourite books and will be able to read with children from different classes.

Week 3

Comic Relief

To support Comic Relief, pupils will have the opportunity to participate in Poulton's Got Talent. Whatever their talent, pupils can demonstrate it and show their friends what they can do!

Week 4

Environment

Pupils will spend a lesson focusing on how they can support the environment. Below is an outline of what each year group will focus on

F2 – food and farming (with farmer Andrew)

Y1 – recycling

Y2 - reusing

Y3 – saving energy at home

Y4 – water use

Y5 - sustainability

Y6 – air pollution

Week 5

STEM day

Pupils will complete STEM activities based around the national theme of 'Change and Adapt'. Resources have not yet been released so further details will be given nearer the time.

Summer 1

Week 2

Neurodiversity

Pupils will spend a lesson celebrating a neurodiverse condition and how people can feel success living with these conditions.

Year 6 - ADHD – Ryan Gosling

Year 5 - Tourettes – Lewis Capaldi

Year 4 - Dyslexia – Woopi Goldberg

Year 3 - Autism – Greta Thurnberg

Year 2 - Dyspraxia – Daniel Redcliffe

Year 1 - Dyscalculia

Week 5

Community

Pupils will spend a lesson doing something positive for the community. This might include writing notes to local elderly neighbours, completing a litter pick, helping at Claremont Farm etc.

Summer 2

Week 3

Charity

Pupils will spend a session participating in the Oak Trees MAT charity event. More details will be sent out when we have them.

Week 4

Diversity

A lesson will be spent learning about the diversity in our world and how to make places accessible. We aim to welcome special guests into school to discuss the topics below.

Year 6 – gender

Year 5 - race

Year 4 - age

Year 3– sight impairment

Year 2 – physical disability – wheelchair access

Year 1– deaf awareness

Week 5

Pupils will spend the day participating in our Healthy Bodies Healthy Minds Day. This will include completing activities such as yoga and sport that can benefit our health, learning about healthy diets and listening to talks from health-related experts.

Yours sincerely,

Mr Milne
Headteacher